

Why FIRST JUMP IS THE BEST CHOICE FOR YOUR CHILD

1. **Truly indoor above ground pool with warm water** – With our truly indoor warm water pool you do not have to worry about Sun Burn or Rain or Cold. Your child will enjoy swimming in all seasons as the experience of swimming will be same in all weather conditions. Water temperature is maintained between 30 to 32 degrees Celsius. Hot and Cold water available in shower too.
2. **Small class size and relax Ambiance** – We have maximum 6 to 7 swimmers per coach in class (* exception summer season). As we teach professional swimming strokes and techniques, we maintain small class size. There are two classes conducted in pool at same time with max 14 students and 2 coaches (* exception summer season). Due to small class and indoor pool, we have less crowd and students can enjoy relaxed ambiance
3. **Unique Programs and Expert Teachers** – Our programs are designed as per the age group. We maintain progress reports internally for each student to track and improve their strengths and weaknesses. Our coaches are well experienced and certified as trainers. We do conduct assessment events of student's and certificate is provide post assessment.
4. **High Hygiene Standard** – As we have above ground indoor pool, we are less exposed to dust and outside elements. We use UV technology to disinfect the water as a result we can maintain optimum levels of Chlorine in water. Due to control on maximum number of people getting into pool every day we can also maintain water PH level to the optimum value.

*Summer season is from March to June and during this time ratio for swimmers to coach can reach up to 8 students per coach.

Prices Effective from 1st March 2026

FLEXI COACHING PLANS

Flexi plan is a customized plan for each member. You can buy Flexi plan and set the frequency of classes as you want per week. Once you have selected the days and time, you need to attend class on same days of week and time for rest of the weeks as per plan validity. Within your plan validity period, you can reschedule classes 24 hours prior to your class via our mobile app or portal. Rescheduling is subject to availability of free time slots and confirmation from office.

Most popular plans

FLEXI CLASSIC 40

- Suitable for beginners between 4 and 12 years of age
- This plan comes with 40 classes and FOUR months validity
- Cover One swimming stroke and stroke correction
- Maintain confidence in the water.
- Build skills and coordination
- 10% bonus classes if you consume 40 classes in 3 months

Plan Name	Duration	Min Freq/ week	Classes	Validity	MRP (Inc. 18% GST)	Offer Price (Inc. 18% GST)
Flexi_Classic_40	13 Weeks/ (3 Months)	3 Days	40	4 Months	20000	17200

FLEXI BASIC 30

- Suitable for Adult and Young Adults beginners
- This plan comes with 30 classes and THREE months validity
- Cover One swimming stroke for those who are above 12 years of age

Plan Name	Duration	Min Freq/ week	Classes	Validity	MRP (Inc. 18% GST)	Offer Price (Inc. 18% GST)
Flexi_Basic_30	10 Weeks	3 Days	30	3 Months	16000	14200

FLEXI GOLD 120 (Yearly)

- This plan comes with 120 classes and 1 year validity
- Cover all four swimming strokes
- Build a strong immune system through year-round swimming
- Make adults and children more resilient to stress and illness
- It helps progress and fast track your results
- **10% bonus classes if you consume 120 classes in 10 months**

Plan Name	Duration	Min Freq/ week	Classes	Validity	MRP (Inc. 18% GST)	Offer Price (Inc. 18% GST)
Flexi_Gold_120	10 Months	3 Days	120	1 Year	48000	42200

FLEXI PREMIUM 60 (Half Yearly)

- This plan comes with 60 classes and SIX months validity
- Cover two swimming strokes
- Improve fitness and immune system through regular swimming
- **10% bonus classes if you consume 60 classes in 5 months**

Plan Name	Duration	Min Freq/ week	Classes	Validity	MRP (Inc. 18% GST)	Offer Price (Inc. 18% GST)
Flexi_Premium_60	5 Months	3 Days	60	6 Months	29000	24600

FLEXI Weekend 20

- Suitable for those who wants to learn additional swimming strokes
- Comes with 20 classes and THREE months validity

Plan Name	Duration	Min Freq/ week	Classes	Validity	MRP (Inc. 18% GST)	Offer Price (Inc. 18% GST)
Flexi_Weekend_20	10 Weeks	2 Days	20	3 Months	14000	12000

FLEXI TODDLER 20

- For age group 6 months old to 4 years old only.
- Comes with 20 classes and THREE months validity
- Swimming Diaper is compulsory for Babies under 3.5 years
- One of the Parent/Adult must accompany Baby in pool
- Person accompanying baby not allowed to swim
- Person accompanying baby must ware swimming costume and cap

Plan Name	Duration	Min Freq/ week	Classes	Validity	MRP (Inc. 18% GST)	Offer Price (Inc. 18% GST)
Flexi_Toddler_20	10 Weeks	2 Days	20	3 Months	18000	15000

FLEXI SPECIAL 20

- Suitable for children with special needs
- Comes with 20 classes and THREE months validity
- Offers dedicated trainer for 45 minutes class

Plan Name	Duration	Min Freq/ week	Classes	Validity	MRP (Inc. 18% GST)	Offer Price (Inc. 18% GST)
Flexi_SPECIAL_20	10 Weeks	2 Days	20	3 Months	20000	18000

Important Rules and Regulations for Flexi plans

1. Classes will be offered by Academy as per the selected plan and members are responsible to attend the classes at agreed dates/time as per the plan.
2. **We count classes offered by us, if you are unable to attend the class you must reschedule your class 24 hours in advance via phone / app / portal or WhatsApp message to office number.**
3. **If you do not reschedule your class and miss the class then alternate class will not be offered.**
4. Each plan comes with validity date, members must complete the plan within validity period.
5. Maximum 25% classes can be rescheduled for any plan.
6. If you wish to cancel the admission within one week from your first session, refund will be provided after necessary deductions (offered classes, GST, Card charges etc) as per refund policy.
7. **No refund or cancellation will be given after one week from your first session offered.**
8. Members are responsible for their belongings during entire time they are in premises.
9. In case of improper/abusive behaviour with office staff or coaches, we reserve rights to terminate your membership with or without refund.
10. Only one of the Parent/Relative is allowed at pool during classes and must follow pool rules.
11. For Children under 12 years of age, one adult attendant must be present during the class.
12. Certificate will be given after completing minimum of 40 classes.

SUMMER COACHING PLAN

THIS PLAN IS NON-REFUNDABLE

Frequency	6 Days in a week, Tuesday to Sunday
Duration	4 weeks
Number of Classes	24
Discounted Price	9000/- (Inclusive of 18% GST)
Summer Batches	8:30am, 9:15am, 12:30pm, 3:45pm, 4:30pm
Batche Start Dates 2025	14 th March to 12 th April 14 th April to 13 th May 14 th May to 11 th June
Age group	6 years to 12 years (height range 44 to 60 inches)

Important Rules and Regulations for Summer Plan

1. **No refund will be provided for this plan**
2. **Batch reschedule or Batch time change is not possible in this plan.**
3. **Special kids are not permitted in summer plan for their own safety.**
4. Summer plans, also called crash course are special plans offered between 11th March and 15th June
5. Suitable to learn additional strokes
6. Beginners may need to repeat the plan to complete the stroke.
7. Frequency of the classes is 6 days a week and not adjustable.
8. Plan is offered for fixed duration of 4 weeks
9. Summer batches usually have 6 to 8 children per coach in each lane.
10. Alternate sessions are not provided in this plan
11. Members are responsible for their belongings during entire time they are in premises
12. Only one of the Parent/Relative is allowed at pool during sessions
13. Original ID proof is required to show along with photo copy during admission

SWIM ONLY MEMBERSHIP PLAN

Plan Name	Duration	Frequency	Time	MRP (Inc. 18% GST)	Offer Price (Inc. 18% GST)
SWIM_ONLY	1 Month	6 Days	5:30am to 6:15am OR 6:15am to 7:00am	6500	4800
SWIM_ONLY	3 Month	6 Days		14000	11500
SWIM_ONLY	6 Months	6 Days		21000	16800
SWIM_ONLY	1 Year	6 Days		32000	27500

Rules for swim only plan

- Swim only plans are for above 15 years age
- You should know swimming to enrol in this plan
- Plan valid Tuesday to Sunday except bank holidays declared by Academy
- Membership switch or refund is not provided in this plan

Time Table for Classes

No	Start time	End time	Batch Type	Description
1	5:30	06:15	Swim Only	For swim only members, no coaching
2	06:15	07:00		
3	07:00	07:45	Mixed Batch	Coaching for Gents / Ladies above 5 years. Suitable for family
4	07:45	08:30	Mixed Batch	Coaching for Gents / Ladies above 5 years. Suitable for family
5	08:30	09:15	Kids/Summer	Coaching for Children between 5 years to 12 years
6	09:15	10:00	Kids/Summer	Coaching for Children between 5 years to 12 years
7	10:00	10:45	Kids	Coaching for Children between 5 years to 12 years
8	11:00	11:45	Mom/Toddler	Mom Toddler, Babies above 6 months to 4 years
9	11:45	12:30	Kids	Coaching for Children between 5 years to 12 years
10	12:30	13:15	Special/Summer	One to One class for special children
11	13:15	14:00	Toddler/Ladies	Weekend Toddler and Weekdays ladies batch
12	14:00	14:45	Ladies batch	Coaching for Ladies and Girls above 5 years
13	15:00	15:45	Kids	Coaching for Children between 5 years to 12 years
14	15:45	16:30	Kids/Summer	Coaching for Children between 5 years to 12 years
15	16:30	17:15	Kids/Summer	Coaching for Children between 5 years to 12 years
16	17:15	18:00	Kids	Coaching for Children between 5 years to 14 years
17	18:00	18:45	Kids	Coaching for Children between 5 years to 14 years
18	19:00	19:45	Ladies batch	Coaching for Ladies and Girls above 5 years
19	20:00	20:45	Mixed Batch	Coaching for Gents / Ladies above 5 years. Suitable for family
20	20:45	21:30	Mixed	Coaching for Gents / Ladies above 5 years. Suitable for family

Pool Specification

Length	15 meters
Width	6 meters
Depth at shallow end	3 feet 9 inches
Depth at deep end	4 feet 6 inches

Recommended costumes for ladies



Recommended costumes for Men

